

Doffing Personal Protective Equipment (PPE)

1 Gloves

- Grasp the outer surface of palm area of one glove and peel off
- Rumples glove into a ball and hold in the gloved hand
- Slide the bare fingers under the band of the other glove without touching the outside and peel off
- Dispose of the gloves in the appropriate container



Perform hand hygiene

2 Gown

- Unfasten ties without contamination
- Touching only the inside of the gown, pull the gown forward
- With one hand grasp the inside of the opposite sleeve, slide it forward without turning it over to release the hand
- With your free hand, proceed in the same way to remove the other hand
- Turn gown inside out and roll into a bundle
- Dispose of the gown in the appropriate container



Perform hand hygiene

3 Face Shield

- Handle the face shield or protective goggles from the sides or back, avoid touching the front
- Dispose of the face shield or goggles in the appropriate container



Perform hand hygiene

4 Mask or N95

Mask

- Detach the top and bottom ties or remove straps from ears
- Pull mask forward avoiding touching the front
- Dispose of mask in the appropriate container



Perform hand hygiene

N95

- Tilt head slightly forward, pass the lower strap over the head and then the top strap, avoiding touching the filter
- Bring respirator away from face
- Dispose of N95 in the appropriate container



Perform hand hygiene